

# Poison!



The fun in this game comes with the teasing use of words beginning with the letter 'P'. For example: "I was ...proudly walking in the... park on Sunday when a ...pigeon landed on some ...purple flowers. Stop I shouted they may contain... **Poison**"

**Age range:** Year 4 – Year 6 (8/9-10/11years)

**Resources:** Extra long skipping rope to set the shape of the circle

**Skills:** Balancing, Story Telling, Listening, Reacting Quickly

**Postures:** Tree, Flamingo, or any posture you feel is suitable

**Learning Outcomes:** I can balance in tree/flamingo posture  
I can follow the rules of the game  
I can be ready to react quickly

**Duration of Game:** 5 minutes

## What to do

- Have the whole class standing in tree posture in a tight circle shoulder to shoulder. The yoga mats in an outer circle beyond.
- You place yourself in the middle of the circle because you are the first story teller. This enables you to model what you want the children to do.
- You begin your story about anything using words that begin with 'P'. At some point you will include the word 'Poison'
- At that point the children rush to a mat in the outer circle for safety.
- The first person tagged by you before they can reach the safety of a mat is the next story teller
- Repeated four or five times

**Extensions:** Alternate postures, e.g. Tree then Flamingo then Tree. Include any postures you consider suitable. Make sure the children are in postures that enable them to see what is going on.